



## **2024 Trek 100 Texas Rider Information**

Last rev. 7/22/2024

### **FAQs**

#### **Where is the event happening?**

The 2024 Trek 100 will be hosted at the Heart of the Ranch at Clearfork in Fort Worth, Texas, on Saturday, September 14<sup>th</sup>.

#### **What time does the event start?**

The 100- and 62-mile rides start promptly at 8:00am, please begin lining up at the start line 7:45. The 40- and 15-mile rides start at 8:30am, please start lining up at 8:15. All routes will start/finish at The Heart of the Ranch in Fort Worth where we will host an amazing after party.

#### **Where do the routes go and what are the roads like?**

The courses take you on a journey through the open roads and the beautiful rolling hills of Benbrook Lake, West Fort Worth and Weatherford area. The routes consist of a mix of flat roadways and mild hillsides. View all 4 routes [HERE](#)

#### **Are the roads closed to traffic during the ride?**

No. We will have caution signs, volunteers, and local law enforcement personnel at key intersections throughout the routes.

#### **What happens if it rains?**

The Trek 100 Texas takes place rain or shine; however, we will hold off if there is lightning.

#### **What kind of support is offered during the ride?**

There is medical support at the Heart of the Ranch and all rest stops. Roving SAG vehicles will follow riders throughout the route. We will also have mechanical support at each rest stop.

### **Are pledges requested? Are they tax deductible?**

Yes—the Trek 100 is all about supporting Cook Children’s and raising money to help fight pediatric cancer. Pledges are due Monday, October 14<sup>th</sup>. All pledges are tax deductible. Receipts will be issued upon request.

### **When will I receive my Trek 100 rider packet/ t-shirt?**

Your rider packet contains your number plate, a wrist band for free beer, water bottle, and other goodies! T-shirts will be distributed post ride in our expo area. Pre-registered riders will have the opportunity to pick up their rider packet at the following locations:

- Trek Bicycle Fort Worth South on Friday, September 13<sup>th</sup> between 10am and 6pm
- Press Café during the Pre-Ride Party Friday, September 13<sup>th</sup> from 5-8pm (tickets required and can be purchased during registration or by visiting [this link](#))
- Saturday, September 14<sup>th</sup> before the ride at the registration tent starting at 6am.

### **Can children under 18 participate?**

Yes, children under 18 can participate with the permission of a parent or legal guardian. Please refer to the Participant Release. Keep in mind that the Trek 100 takes place on roads which are not closed to vehicle traffic and the route(s) can be quite hilly.

### **Is there a time limit to the ride?**

For the safety of all riders, there will be a cut-off point on the route that riders will need to reach before a specific time to complete the route in its entirety. Riders who arrive at this checkpoint past the cut-off time will be redirected to complete a shorter course. For example, 100-mile riders who do not reach the third rest stop before 3pm will be directed to the 100K course. There are no exceptions. Please note that the 100k and 100-mile course options feature challenging hills. We do not recommend that you register for the 100k or 100-mile options if you are a novice rider. Also, all riders must be departing the last rest stop by 3:00PM.

Rest Stop closure times:

- Rest Stop 1 – Benbrook Lake – closes at 11:30am
- Rest Stop 2 – Kelly Road – closes at 1:00pm
- Rest Stop 3 – Lake Weatherford – closes at 3:00pm
- Rest Stop 4 – White Settlement Road – closes at 4:30pm

### **Am I required to wear a helmet?**

Yes! Helmets are required. Trek helmets will be available for purchase in limited sizes and quantities on the day of the ride, if needed.

Questions? Contact us at [trek100texas@trekbikes.com](mailto:trek100texas@trekbikes.com)

## **Ride Day**

### **When to arrive?**

We recommend arriving at the Heart of the Ranch at Clearfork (5000 Clearfork Main St, Fort Worth, TX 76109) at least one hour before your ride begins so you have ample time to find your way to the start line. The 100-mile and 100k rides start promptly at 8:00am - please begin to line up at 7:45. The 40- and 15-mile rides start at 8:30am - please begin to line up at 8:15.

### **Where do I park?**

We will have parking attendants guiding you into designated parking areas around the event grounds. Signs will be posted in the area directing you to parking.

### **What to bring?**

This is a fully supported ride, and we'll have a team of friendly folks on site to help with any of your ride-day needs. It's always a good idea to ride with flat-fixing gear, but we will have a great crew of Trek Certified Technicians on each route to take care of any mechanical issues you may face along the way.

### **What should I eat before the ride?**

As far as fueling goes, we recommend starting your day with a hearty breakfast. During the ride, you can expect fully stocked rest stops with gels, sports drinks, popsicles, sliders, breakfast pastries and so much more.

**This year's routes:** All four of this year's route options will take you across the beautiful rolling farmland of Tarrant and Parker Counties. You can see routes for the 15, 40, 100K, and 100-mile options [here](#). Within each route you will see locations for each rest stop.

Have questions that weren't answered here? Contact us at: [Trek100texas@trekbikes.com](mailto:Trek100texas@trekbikes.com)